

COVID-19 and EGONS

We will follow the BMC guidelines, see our summary below.

1. There is a legal limit on total attendance to 30. EGONS Organisers can limit participants to any number under 30 if limit needed to due to help with managing the risk, such as limited car parking.
2. All Members must refrain from attendance if showing signs of C-19 infection or having had a positive C-19 test result less than 14 days previously or if any member of their family has tested positive.
3. All must comply with 2m “Social Distancing” throughout the walk (except for family groups). Walks will be planned on routes with suitable footpaths to facilitate this.
4. Arrive in separate vehicles unless in a family or bubble. Avoid public transport.
5. Have a *face covering* (as Gov’t UK defined) should circumstances arise where only 1m+ distancing possible, and wipes or hand sanitiser available.
6. If you touch stiles or ‘kissing gates’ – please use hand sanitiser or a wipe.
7. No sharing of water bottles, food, maps, first aid etc., so please bring your own.
8. Bring a picnic and drinks to avoid the need for visiting shops/cafes etc.
9. If you have Covid-19 symptoms after the walk, contact NHS England Test & Trace (or NHS Wales Test, Trace, Protect). Also inform the organiser.
10. Organisers will do a risk assessment for each walk which will be retained by the club for 3 years.
11. The walk organiser will have a register of those on the walk so that Track and Trace can be done should anyone develop symptoms. This is only retained for 21 days before destruction. (GDPR compliant)
12. Restrictions in Wales are greater than in England so we have appointed a Covid-19 Officer for walks in Wales to maintain the appropriate records.

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